DR. PAMELA MORRISON, PT, MS, DPT, BCB-PMD, IMTC, IF

140 West End Ave, Suite 1K New York, NY 10023 (212) 362-3022

EDUCATION/CERTIFICATIONS

June 2006 Touro College: Doctorate in Physical Therapy

Courses completed: Doctoral Project I, Doctoral II; Current topics in Geriatrics, Pediatrics, Women's

Health, Manual therapy; The Guide to Physical Therapy; Radiology; Ethics; Management.

Bayshore, New York

August 2004 Certified in Pelvic Muscle Dysfunction Biofeedback (BCB-PMD)

Biofeedback Certification Institute of America

December 2006 Integrative Manual Physical Therapy Certification

Westbrook University and Center for Integrative Manual Therapy

Bloomfield, Connecticut

Courses completed: Myofascial Mapping and Release, Visceral Mobilization with Muscle Energy, Muscle Energy for the Spine, Gastrointestinal Tract, Strain-Counterstrain and Advanced Strain-Counterstrain, Biomechanics of the Spine, Advanced Biomechanics of the Pelvis, Spine and Sacrum; Respiratory Rehab,

Rib Cage Mobilization, Distance Education, Neural Tissue Mobilization, Cranial Mobilization,

Compression Syndromes for Upper and Lower Extremities, Advanced Cranial Mobilization, Anatomy & Physiology, Advanced Myofascial Mapping, Integrative Diagnostics 1, 2, 3; Diaphragm Compression Syndromes, Integrative Diagnostics for Applied Psychosynthesis, Cranial Therapy Series 3, Cranial Therapy Series 4, Pediatrics Solutions: A Manual Therapy Approach, Functional Medicine and

Supplements. Advanced Lymphatics, Cardiac Habilitation.

June 1999 Advanced Masters in Orthopedic Physical Therapy

Touro College Dix Hills, New York

Courses completed: Research Methodology, Functional Orthopedics I, Anatomic Basis for Differential Diagnosis of Somatic Dysfunction, Introduction to Lumbar-Pelvic Integration, Advanced Lumbar-Pelvic Integration, Essentials of Manual Therapy, Introduction to Cranio-Mandibular-Cervical-Thoracic Integration, Systems Review and Anatomy, Orthopedic Medicine, Exercise as an Adjunct to Manual Therapy, Pharmacology, Advanced Upper-Quarter, Muscle Energy Techniques, Foot and Ankle, Spinal Stabilization, Advanced Upper and Lower-Extremity Treatment, Evaluation and Treatment of Extremity Dysfunction, Physical Therapy for the Pregnant Client.

Bachelor of Science, Physical Therapy

State University of New York at Brooklyn

Brooklyn, New York

May 1991 Bachelor of Arts, Liberal Studies: Biology, Psychology, and Athletic Training

State University of New York at Stony Brook

Stony Brook, New York

EMPLOYMENT

May 1993

June 2001 – Present **Pamela Morrison Physical Therapy, P.C**

New York, New York

Owner

Specialize in orthopedic manual physical therapy with a subspecialty in women's and men's health and

pelvic pain. Supervise office assistants and physical therapists.

May 2011-2012 Section on Women's Health, American Physical Therapy Association

Primary instructor to teach national courses to physical therapists on advanced Pelvic Floor Muscle Dysfunction and Pelvic Pain Topics. Cited as an expert in the treatment of pelvic floor muscle dysfunction and pelvic pain issues by the APTA.

August 1999 –

Eveline Erni Physical Therapy

June 2001

New York, New York

Utilized manual physical therapy techniques for the evaluation and treatment of orthopedic patients, with a subspecialty in TMJ dysfunction. Initiated a women's health rehab program, in-serviced staff quarterly. Attended monthly orthopedic grand rounds at The Hospital for Special Surgery.

August 1998 –

New York Hospital of Queens

August 1999

Flushing, New York

Evaluated and treated outpatient adult population with orthopedic diagnoses utilizing manual therapy, modalities, and therapeutic exercise. Participated in rounds with physiatrists weekly. Attended orthopedic rounds weekly. In-serviced staff on courses taken in Master's program. Helped train new staff members and volunteers.

September 1997 – August 1998

Performing Arts Physical Therapy

New York, New York

Covering therapist. Assessed and treated Broadway performers prior to showtime. Required quick evaluation and localized manual therapy to permit performers to return to their role.

Midpoint Associated Practitioners

New York, New York

Evaluated and treated patients in the home setting. General medicine and orthopedic adult population predominantly seen.

August 1996 –

St. Charles Hospital Rehabilitation Network

August 1998 Port Jefferson, New York

Evaluated and treated adult outpatients with varied diagnoses, predominantly orthopedic. Provided each patient with quality manual treatment. Performed dictation of evaluations. In-serviced staff on courses completed in Master's program. Developed excellent time management skills. Utilized Isokinetic Cybex. Assisted in orientation of new staff members. Supervised PT Aides.

September 1995 – October 1996

Long Island Sports and Rehabilitation

Holbrook, New York

Employed part-time nights. Assessed and treated sports and orthopedic injuries. Patient population included adolescents and adults. Treatment approach included modalities and therapeutic exercise. Attended monthly lectures regarding orthopedic topics. Supervised Athletic Trainers and PT Aides.

June 1994 -

Home Therapy Association

June 1995

Northport, New York

Employed part-time. Assessed and treated patients with varied diagnoses in the home setting. Coordinated patient's needs with nurses, family, and health care professionals. Completed paperwork expediently.

June 1993 – August 1996

Stony Brook University Hospital

Stony Brook, New York

Evaluation and treatment of acute orthopedic, neurological, burn, general medicine, pediatric, and cardiopulmonary patients. Developed initial evaluation form for departmental use. Revised Total Hip Arthroplasty protocol. Participated in multidiscipline discharge rounds weekly. Supervised students as a Clinical Instructor. Presented two yearly in-services to staff. Worked one-year rotation at outpatient site providing care for general orthopedic, neurological, and vestibular patients. Developed protocol for Morbid Obesity with Surgical Attending Physician. Lectured at Retirement Villages on exercise prescription. Attained good understanding of medicine and disease processes. Acted as Senior Therapist in their absences performing supervisory tasks.

RELATED EXPERIENCE

2015-current
 2014-2015
 2011
 Vice President National Vulvodynia Association
 Board Member National Vulvodynia Association
 Advisory Board member Northeast Pelvic Floor Group

2004 Completed one day training with Dr. Andrew Goldstein, Vulvar Pain Specialist, NY, NY.

2000 – 2005 Completed four internships with Susan Kellogg Spadt, CRNP, PhD, Director of Vulvar Pain Services,

Graduate Hospital, Philadelphia.

August 1989 – Completed 2 – year Athletic Training Apprenticeship Program

September 1991 State University of New York at Stony Brook

Assessment of athletic injuries and treatment implementation. Lead trainer for basketball and volleyball

teams.

October 1996 Volunteered as research assistant to Professor Brian Davis of University Hospital at Stony Brook

Physical Therapy Program for study on leg length discrepancy and intra-rater reliability.

RESEARCH/PUBLICATIONS

October 2020 Morrison P, Chapter: Pelvic Floor Muscle Dysfunction and Structural Processes in Vulvodynia,

in "Female Sexual Pain Disorders: 2nd edition, A. Goldstein, et al., 2021.

January/April 2015 Morrison P, Kellogg-Spadt S, Goldstein A. The Use of Specific Myofascial Release Techniques by a

Physical Therapist to Treat Clitoral Phimosis and Dyspareunia: A Case Report. Journal of Women's

Health Physical Therapy, 2015;39(1):.

June 2011 Quoted in "Pudendal Trust", Pudendal Nerve Entrapment/Neuralgia article, Today in PT.

2010 Quoted in "Responses To The Proposed DSM-V Changes" of Female Sexual Dysfunction, Journal of

Sexual Medicine, 7(6):2009-11.

Winter 2007 Strauhal MJ, Fraham J, Morrison P, et al. Vulvar Pain: A Comprehensive Review, Journal Of Women's

Health Physical Therapy

February 2007 Quoted in "Pelvic Floor Dysfunction." Today in PT, February 19, 2007, pp. 50-53.

July 2006 Quoted in "Branching Out: Address a growing need by adding women's health services". Advance for

Directors in Rehabilitation, July 2006, Vol.15, No.7.

TEACHING/LECTURE

EXPERIENCE

June 2015 Presenter on Pelvic Floor Muscle Dysfunction Assessment and Treatment, ISSVD, NYC 2015

June 2015 Round table leader Topic: Clitoral Pain, ISSVD, NYC 2015

May 2011 Primary national instructor for Advanced Pelvic Floor Muscle Dysfunction for the Section on Women's

Health, APTA

April 2011 Primary instructor on Physical Therapy for Breast Issues, New York Lactation Consultant Meeting,

Methodist Hospital, Brooklyn, NY

February 2011 Primary lecturer on Physical Therapy for Coccydynia, APTA Combined Sections Meeting, New Orleans
February 2010 Primary lecturer on Physical Therapy for Vulvar Pain and Sexual Pain Issues, ISSWSH Meeting, Florida,
September 2009 Primary lecturer Biofeedback for Pelvic Floor Dysfunction Related to Vulvar Pain, ISSVD Conference,

Edinburgh, Scotland

February 2008 Presenter on Physical Therapy for Men's and Women's Pelvic Pain, IPPS Meeting, Florida

February 2008 Primary lecturer on Clitoral Pain and PT Treatment, APTA Combined Sections Meeting, Nashville
February 2008 Primary lecturer on PT of Female and Male Sexual Pain, APTA Combined Sections Meeting, Nashville
August 2007 Primary lecturer on PT for Vulvar Pain, International Society for the Study of Vulvovaginal Diseases,

Alaska

October 2007 Lab Assistant Pelvic Floor Level III, APTA, Beth Shelly, White Plains, NY

February 2007 Primary lecturer on PT Evaluation and Treatment Finding Algorithms, APTA Combined Sections
February 2007 Primary lecturer on Evaluation Findings in Patients with Vulvar Pain, APTA Combined Sections

August 2006 Teaching assistant for massage course, DPT Program Touro College

July 2006 Primary lecture, Treatment of Pelvic Pain, Center of Integrative Manual Therapy, Connecticut June 2005

Teaching assistant for Pelvic Floor Dysfunction, Beginner level, Hunter College, NYC,

Hollis Herman, PT, OCS

Teaching assistant for Pelvic Floor Dysfunction, Beginner level, Hunter College, NYC, April 2004

Hollis Herman, PT, OCS

Teaching assistant, Lumbo-Pelvic Integration, IMTS, Holbrook, NY February 2004

February 2004 Primary lecturer with lab, Treatment Approaches to Vulvodynia, Johns Hopkin's Annual Urogynecology

and Physical Therapy Conference

Primary lecturer on Biofeedback for physicians, Johns Hopkin's Annual Urogynecology and Physical February 2004

Therapy Conference

April 2003 Teaching assistant for Pelvic Floor Dysfunction, Intermediate level, Hollis Herman, PT, OCS

December 2002 Teaching assistant for Lumbo-Pelvic Integration, IPA, Holbrook, NY

November 2002 Volunteer lecturer/slide presentation at Gilda's Club on Post-Hysterectomy Exercises September 2002 Teaching assistant for Pelvic Floor Dysfunction, Beginner level, Hollis Herman, PT, OCS

2001 Volunteer lecturer for Vulvodynia Support Group, New York, NY

Volunteer lecturer at Gilda's Club Cancer Support Center on Post-Mastectomy Rehabilitation 2001 1999 Teaching assistant for Massage Course, Touro College Manhattan Campus, PT Program 1991 Teaching assistant for the Athletic Training Course Level I, Stony Brook University

LECTURES ATTENDED

NY, NY March 2015 EndoWhat? Film Screening (Endometriosis) September 2009 Oral Anatomy and Function in Infants Methodist Hospital, NY February 2007 Practical Aspects of Female Sexual Dysfunction Due to Depression Dr. Martin Miner February 2007 Practical Aspects of Menopausal Women with Sexual Pain Disorders Dr. Andrew Goldstein

February 2007 Hypoactive Sexual Desire Disorder Dr. Anita Clayton What is Sexual Desire? February 2007 **ISSWSH Conference**

February 2007 Where is the Brain in Female Sexual Response? Dr. Barry Komisaruk/Dr. Beverly Wipple

February 2007 Practical Aspects of Female Sexual Dysfunction with Hormone Therapy Dr. James Simon February 20007 Practical Aspects of Female Sexual Dysfunction in Breast Cancer Dr. Michael Kryton

December 2006 EARS & Correction of Vestibular Mechanisms Sharon Giammattao, PT, Phd, CIMT May 2006 Functional Medicine/Concepts & Applied Nutrition Sharon Giammattao, PT, Phd, CIMT

May 2006 Standard Process – Protomorphology Dr. Micheal Gaeta May 2006 Metagenics - 4R - Pain and Inflammation Dr. Len Goldberg May 2006 Sanum Supplements Dr. Kirk Slagel

May 2006 Designs for Health Insulin Resistance, Metabolic Syndrome &

> Diabetes Linda Lizotte, RD

Dr. Abbas Quatab, Phd, Harvard University May 2006 Biotics – Bio Detoxification May 2006 Biophysiography Summary Sharon Giammattao, PT, Phd, CIMT May 2006 How to perform a Research Study Ellen Helinski Sponsored by the IMTA Advanced Women's Health February 2006 Sharon Giammattao, PT, Phd, CIMT

February 2006 IDAP & IDAP related to Women's & Men's Health Lissa Wheeler, CIMT February 2006 Brain Kim Burnham, CIMT February 2006 Deep Tendon Reflex Kim Burnham, CIMT

February 2006 Metabolic Syndrome: Evidence, Education & Effective CIMT

February 2006 Estrogen, Midlife and it's effect on Continence & Comfort Charlotte Kelley, MSN, GNP, ARNP

February 2006 Pregnant & Post Partum Elaine Wilder, PT, MA

February 2006 High Risk Pregnancy and the Postpartum Client Dr. Jean Irion, CSM, San Diego February 2006 Clearing the Way for Effective Breastfeeding Barbara Cooper, PT, MS

February 2006 Pediatric Pelvic Floor, Dysfunction & Incontinence Dawn MacConkey Sandalcidi PT, RCMT

February 2006 PT Interventions for TURP Cheryl Wisinski, PT

February 2006 Menopause & Musculoskeletal Problems Nancy Carol Rich, Phd, PT, FACSM

Myofascial Pelvic Pain: Diagnosis & Treatment Jennifer Gunter, MD February 2006

February 2006 Pediatric Incontinence & Pelvic Floor Dysfunction Dawn MacConkey-Sandalcidi, PT, RGMT

February 2006 Physical Therapy Interventions for TURP Procedures Cheryl Wisinski, PT

February 2006	Integrative Evidence into Private Practice	Larry N Benz, PT, MPT, ECS, OCS
February 2006	The Year That Was: An Evidence-Based Review of Research	Elizabeth Shelly, PT, BCIA-PMDB
February 2006	Putting Out the Flames of Fibro (myalgia)	John Iams, PT, MA
February 2006	Estrogen, Midlife, and Their Effect on Continence & Comfort	Charlotte Kelley, MSN, GNP, ARNP
April 2006	Female Sexual Dysfunction and Health 2006	Columbia University Hospital
December 2005	NYPTA: Urinary Incontinence	Stephanie Coffey, P.T., M.P.H.
October 2005	Metagenics Supplements	Dr. Len Goldberg
October 2005	Heart Health	Sharon Giammatteo, PT, Phd, CIMT
October 2005	Adrenals, Shock, Pancreas, Coma-CSIMT	Sharon Giammattao, PT, Phd, CIMT
June 2005	The Biomechanics Of The Hip	Joseph F. Fetto, M.D.
June 2005	Designs for Health Supplements	Linda Lizotte, RD, CDN
June 2005	"How to Complete a Research Project"	Jay Kain, PT, Phd, ATC
June 2005	Osseous bridging of the Shoulder	School of IMT
June 2005	Nutrition for Weight loss	Linda Lizotte, RD, CND
June 2005	Self Circulation Exercises	Alanna Heany, PT
June 2005	Biophysiography evening	Linda Lizotte, RD, CND
June 2005	Manual Pattern Recognition	Arlene Gronningsater, OT
March 2005	Manual Pattern Recognition for DOM in the Vasculature	David Berenbaum, PT, CIMT
March 2005	Physical Assessment	Tom Giammattao, PT, DC, CIMT
March 2005	Inflammation & Joint Dysfunction	Len Goldberg
March 2005	Treatment of Central Nervous System Dysfunction	Sharon Giammattao, PT, Phd, CIMT
March 2005	Spine and Spinal Cord Lecture	Laurie Lunn, IMT, C.
March 2005	Amazon Herbs	Amazon
March 2005	How to Treat Sciatica with Neural Tension Technique	George Giannoni PT, GDMT, IMT, C.
January 2004	HIPPA's Basics	George Giannoni PT, GDM, CIMT
March 2004	Adjustment Therapy for Chronic Low Back Pain	Tom Giammatteo, PT, DC, CIMT
March 2004	Joint Structure & Function due to Muscle Dysfunction	Frank Gentile, PT, CIMT
March 2004	Nutritional Wellness & Muscular Skeletal Dysfunction	Michael Gaeta, RD
August 2004	Women's Health Issues	Sharon Giammattao, PT, Phd, CIMT

CONTINUING EDUCATION

EDUCATION		
January 2021	Infant massage on-line learning	Yiska Obadia, NYC
October 2015	International Pelvic Pain Society Conference	Florida
June 2015	International Society for the Study of Vulvovaginal Diseases NY, NY	
October 2014	International Pelvic Pain Conference	Chicago, Illinois
September 18, 2014	Undisturbing Birth (DONA Education)	Sarah Buckley, MD
February 2013	SOWH APTA Conference	Las Vegas, Nevada
October 2013	International Pelvic Pain Conference	Orlando, Florida
February 2012	SOWH APTA Conference	San Diego, CA
February 2011	Motor Control for Pelvic and Low Back Pain	Dr. Paul Hodges, APTA CSM, New Orleans
February 2011	Knee Rehabilitation for the Athlete	Diane Lee, APTA CSM, New Orleans
February 2011	APTA Combined Sections Meeting Women's Health	New Orleans
July 2009	Manual Pattern Recognition	Center IMT, Fairlawn, NJ
February 2008	APTA Combined Sections Meeting Women's Health	Nashville, TN
June 2008	Manual Therapy for Adrenal Stress	Center IMT, Chicago
October 2007	Pelvic Floor Level III, White Plains, NY	Beth Shelly, PT, BCIA-PMBD
October 2007	International Pelvic Pain Society Meeting	San Diego, California
August 2007	International Society for Study of Vulvovaginal Diseases Meeting Alaska	
February 2007	APTA Combined Sections Meeting Women's Health	Boston, NY
February 2007	International Society for the Study of Women's Sexual Health Conference Orlando, NY	
November 2006	Comprehensive Vulvovaginal Diseases	ISSVD Sponsored
August 2006	Fascial Strands/Adhesions/Scar Release	CIMT Bloomfield, CT
June 2006	CPR Pro- Certified by the American Safety and Health Inst	
March 2006	Advanced Clinical Application	Jackie Whittaker, PT, CGIMS, CAFCI

Of Real Time Ultrasound Imaging

February 2006 Differential Diagnosis of Somatic Dysfunction February 2006 Combined Sections Meeting APTA Women's Health April 2005 Clinical Application Real Time Ultrasound Imaging

February 2005 Combined Sections Meeting APTA Women's Health

August 2004 Women's and Men's Health Issues

August 2004 11th Scientific Meeting Chronic Pelvic Pain

February 2004 Combined Sections Meeting APTA Women's Health

December 2003 Myofascial Mapping and Release

November 2003 Interstitial Cystitis Association Conference

October 2003 Treatment of Urogenital Dysfunction

September 2003 **Back Education Training**

August 2003 Functional Mobilization Lower Quarter May 2003 Proprioceptive Neuromuscular Facilitation April 2003 Functional Mobilization Upper Quarter,

December 2003 Myofascial Release for the Ortho and Neuro Client

Mechanical Link I March 2003

October 2002 Advanced Gynecologic Visceral Manipulation October 2002 Vulvodynia, Vulvar Diseases, and Vestibulitis

Lumbar-Pelvic Integration August 2002 August 2002 Advanced Gynecology Level III

July 2002 Proprioceptive NeuromuscularFaciliation Gait

May 2002 Craniosacral Therapy II

March 2002 Proprioceptive Neuromuscular Facilitation

Urogenital Manipulation September 2001 Advanced Pelvic Floor Level II June 2001 May 2001 Visceral Manipulation IA March 2001 Orthopedic Academic Conference

February 2001 Craniosacral Therapy Level I September 2000 Pelvic Floor Dysfunction June 2000 Women's Health Issues November 1999 Functional Orthopedics II May 1998 Cervical – Thoracic Integration

March 1998 MET of the Spine, Pelvic Girdle, and Costal Cage

September 1998 Adverse Neural Tension November 1996 Pathophysiology of the Shoulder Case Studies in Neuro Trauma June 1996 Orthopedic Problems of Children November 1995 May 1995 McConnell Patellofemoral Treatment

March 1995 Cardiac Rehabilitation

September 1994 Total Hip/Knee Arthroplasty & ACL Reconstruction

July 1994 Burn Rehabilitation May 1994 **Humor Development** March 1994 Maitland Spinal Mobilization September 1993 Pharmacology in Rehabilitation Carl Steele, D.O., M.S., P.T.

San Diego, California

Jackie Whittaker, PT, CGIMS, CAFCI

New Orleans, Louisiana

Center of Integrative Manual Therapy

Chicago, Illinois Nashville, TN

DCR, Jay Kain, PT, PhD, ATC

Washington, D.C.

Sharon Giammatteo, PhD, PT Karen Johnson, CMPT Gregory Johnson, PT, FFCMT Cheryl Wardlaw, MS, PT Gregory Johnson, PT, FFCMT

Jay Kain, Phd, PT Upledger Institute Gail Wetzler, PT Harvard Medical School Institute of Physical Art Hollis Herman, PT, OCS Gregory Johnson, PT, FFCMT

The Upledger Institute Institute of Physical Art Dee Hartman, PT Hollis Herman, MS, PT The Upledger Institute Hospital for Special Surgery The Upledger Institute Hollis Herman, PT, OCS Elizabeth Noble, PT

Gregory Johnson, PT, FFCMT Jeffrey Ellis, PT, MTC, CFMT Carl Steele, DO, MS, PT

Sandra Cooper, PT

Robert Donatelli, PT, PhD, OCS Venita Dasch, RN, BSN, CCRN Schneider Children's Hospital Dave McCune, PT, OCS, ATC

Helen Haves Hospital Nassau Community Hospital

New York Hospital Leslie Gibson, RN Robert Sprague, PT, PhD Charles Ciccone, PT, PhD

CURRENT PROFESSIONAL

AFFILIATIONS

VP National Vulvodynia Association

Member of the International Organization of Physical Therapists in Women's Health

Member of the Association for Medical Ultrasound

Member of Integrative Manual Therapy Association

Member of Association of Urogynecology Society

Member of the International Pelvic Pain Society

Member of the International Society for the Study of Women's Sexual Health

Member of the Interstitial Cystitis Association

Member of the American Physical Therapy Association, Orthopedic and Women's Health sections member

Member of the New York Lactation Consultant Association

Member of the Endometriosis Association

Member of the Pudendal Neuralgia Association

Volunteering

APTA Task Force to hire a part-time Education Manager/Director 2020